

CCHS - Mental Health: Topical Index
 Public Use Microdata File - 12-Month
 April 2014

Variable Name	Description	Page
ADM : Administration information		
ADM_N09	Interview by telephone or in person	2
ADM_N10	Respondent alone during interview	3
ADM_N11	Answers affected by presence of another person	3
ADM_RNO	Sequential record number	1
AUD : Alcohol Use, Abuse and Dependence		
AUD_01	Drank alcohol in past 12 months	120
AUD_02	Alcohol consumption - frequency - 12 m	121
AUD_03	Having 5 or more drinks - frequency - 12 m	122
AUD_04	Ever had a drink - life	123
AUD_05	Drank 12 or more drinks - frequency - 12 m	123
AUD_08	Drank more in earlier year than past 12 months	124
AUD_10	Alcohol consumption - years when drank most - frequency	125
AUD_39	Alcohol - consulted MD/other professional - life	126
AUDDINT	Alcohol - Interference - Mean - 12 m - (D)	132
AUDDL	Alcohol abuse or dependence - Algorithm - life - (D)	130
AUDDLA	Alcohol abuse - Algorithm - life - (D)	129
AUDDL	Alcohol dependence - Algorithm - life - (D)	128
AUDDTTM	Alcohol - Type of drinker - 12 m - (D)	127
AUDDWDY	Alcohol - Type of drinker - year most frequent drinking (D)	128
AUDDY	Alcohol abuse or dependence - Algorithm - 12 m - (D)	131
AUDDYA	Alcohol abuse - Algorithm - 12 m - (D)	130
AUDDYD	Alcohol dependence - Algorithm - 12 m - (D)	129
AUDFINT	Flag: Alcohol - Interference - 12 m - (F)	131
AUDFWDY	Flag: Ever drank more than in past 12 months (F)	127
AUDG06	Number of drinks per day - 12 m - (G)	124
AUDG11	Drinks per day - years when drank most - (G)	126
BIP : Bipolar disorder		
BIPD1	Bipolar I - Algorithm - life - (D)	92
BIPD1Y	Bipolar I - Algorithm - 12 m - (D)	93
BIPD2	Bipolar II - Algorithm - life - (D)	93
BIPD2Y	Bipolar II - Algorithm - 12 m - (D)	94
BIPDINT	Bipolar Disorder - Interference - Mean - (D)	96
BIPDINT1	Bipolar I - Interference - Mean - (D)	95
BIPDINT2	Bipolar II - Interference - Mean - (D)	96

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BIPDL	Bipolar Disorder - Algorithm - life - (D)	94
BIPDY	Bipolar Disorder - Algorithm - 12 m - (D)	95
BIPFINT	Flag: Bipolar Disorder - Interference - (F)	98
BIPFINT1	Flag: Bipolar I - Interference - (F)	97
BIPFINT2	Flag: Bipolar II - Interference - (F)	97
CCC : Chronic conditions		
CCC_031	Has asthma	27
CCC_051	Has arthritis	28
CCC_061	Has back problems excluding fibromyalgia and arthritis	28
CCC_071	Has high blood pressure	29
CCC_072	Ever diagnosed with high blood pressure	29
CCC_081	Has migraine headaches	30
CCC_091	Has chronic bronchitis/ emphysema/ COPD	30
CCC_101	Has diabetes	31
CCC_121	Has heart disease	31
CCC_131	Has cancer	32
CCC_132	Ever had cancer	32
CCC_151	Suffers from the effects of a stroke	33
CCC_171	Has bowel disorder/Crohn's Disease/ulcerative colitis	33
CCC_251	Has chronic fatigue syndrome	34
CCC_261	Suffers from multiple chemical sensitivities	34
CCC_280	Has a mood disorder	35
CCC_28AA	Has mood disorder - depression	35
CCC_290	Has an anxiety disorder	36
CCC_311	Has post-traumatic stress disorder	37
CCC_331	Has a learning disability	37
CCC_332	Has Attention Deficit Disorder	38
CCDCNCR	Has or previously diagnosed with cancer (D)	40
CCCDHBP	Has or previously diagnosed with high blood pressure (D)	39
CCCF1	Has a chronic condition - (F)	39
CCCG28AE	Has mood disorder - other - (G)	36
CCCG901	Has other long-term physical or mental health condition (G)	38
CEX : Childhood experiences		
CEX_01	Num of times - saw/heard parent hit other adult in your home	303
CEX_02	Num of times - slapped/hit/spanked	304

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CEX_03	Num of times - pushed/grabbed/shoved/threw things at you	305
CEX_04	Num of times - physically attacked	306
CEX_05	Num of times - forced unwanted sexual activity	307
CEX_06	Num of times - sexual touching	308
CEX_07	Saw/talked w child protection organization	309
CEXDNUM	Number of types of childhood maltreatment experienced (D)	309
CWP : Contact with police		
CWP_01	Contact with police - public information session - 12 m	299
CWP_03	Contact with police - victim of crime - 12 m	300
CWP_04	Contact with police - witness to a crime - 12 m	301
CWP_07	Contact with police - family member mental health - 12 m	301
CWP_09	Contact with police - for work - 12 m	302
CWPG02	Contact with police -traffic violation/accident - 12 m - (G)	300
CWPG08	Contact with police - other reason - 12 m - (G)	302
DAS : WHO Disability Assessment Schedule 2.0		
DAS_04	Difficulty - joining in community activities - 30 d	149
DAS_05	Emotionally affected by health problems - 30 d	150
DAS_06	Difficulty - concentrating - 30 d	151
DAS_07	Difficulty - walking long distance - 30 d	152
DAS_10	Difficulty - dealing with people you do not know - 30 d	153
DAS_11	Difficulty - maintaining a friendship - 30 d	154
DAS_12	Difficulty - day to day work/school - 30 d	155
DAS_13	Interference - difficulties - 30 days	156
DASG01	Difficulty - standing for long periods - 30 d - (G)	147
DASG02	Difficulty - household responsibilities - 30 d - (G)	148
DASGSCR	WHO Disability Assessment Schedule - score - (D)	157
DEP : Depression		
DEP_72	Depression - consulted MD/other professional - life	77
DEP_86	Depression - professional treatment - 12 m	77
DEP_87	Depression - hospitalized overnight - life	78
DEPDDPS	Major Depressive Episode - Algorithm - life - (D)	80
DEPDDY	Major Depressive Episode - Algorithm - 12 m - (D)	83
DEPDINT	Depression - Interference - Mean - 12 m - (D)	85
DEPFINT	Flag: Depression - Interference - 12 m - (F)	84
DEPFSLT	Flag: Suicide - thought - life - (F)	83

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DEPFSYT	Flag: Suicide - thought - 12 m - (F)	84
DEPGPER	Major depressive episode - persistence - years - (G)	82
DEPGREC	Major depressive episode - Most recent episode - age - (G)	81
DHH : Dwelling and household variables		
DHH_SEX	Sex	5
DHHG611	Number of persons 6 to 11 years old in household - (G)	8
DHHGAGE	Age - grouped variable	4
DHHGDWE	Dwelling Type - (G)	6
DHHGHSZ	Household Size - (G)	6
DHHGL12	Number of persons less than 12 years old in household -(G)	8
DHHGLE5	Number of persons 5 years old or less in household - (G)	7
DHHGLVG	Living/Family Arrangement of Selected Respondent - (G)	7
DHHGMS	Marital Status - (G)	5
DIS : Distress		
DIS_10A	Freq/distress: felt tired out - past month	63
DIS_10B	Freq/distress: felt nervous - past month	64
DIS_10C	Freq/distress: so nervous nothing calms down - past month	65
DIS_10D	Freq/distress: felt hopeless - past month	66
DIS_10E	Freq/distress: felt restless / fidgety - past month	67
DIS_10F	Freq/distress: could not sit still - past month	68
DIS_10G	Freq/distress: felt sad / depressed - past month	69
DIS_10H	Freq/distress: depressed/nothing cheers - past month	70
DIS_10I	Freq/distress: felt everything effort - past month	71
DIS_10J	Freq/distress: felt worthless - past month	72
DIS_10K	Freq/distress: occurrence of feelings - past month	73
DIS_10L	Degree of higher occurrence of feelings - past month	74
DIS_10M	Degree of lower occurrence of feelings - past month	74
DIS_10N	Interference - feelings in life / activities - past month	75
DISDCHR	Chronicity of distress/impairment scale - past month (D)	76
DISDDSX	Distress scale - K10 - past month - (D)	76
DISDK6	Distress scale - K6 - past month - (D)	75
EDU : Education		
EDUDH04	Highest level of education - household 4 levels - (D)	337
EDUDR04	Highest level of education - respondent 4 levels - (D)	338
FMI : Family mental health impact		

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Variable Name	Description	Page
FMI_01A	Family member - mental health/alcohol/drug problems	283
FMI_01B	Number family members - mental health/alcohol/drug problems	284
FMI_02	Life affected by family member's problem	285
FMI_03A	Help to family member - practical things	285
FMI_03B	Help to family member - emotional support	286
FMI_04	Help to family member - spend time doing other things	286
FMI_05	Help to family member - time spent - average week	287
FMI_06	Family member's problems - cause embarrassment	287
FMI_07	Family member's prob - cause to be worried/anxious/depressed	288
GAD : Generalized anxiety disorder		
GAD_44	Gen anx dis - consulted MD/other professional - life	102
GAD_58	Gen anx dis - professional treatment - 12 m	102
GAD_59	Gen anx dis - hospitalized overnight - life	103
GADDDY	Generalized anxiety disorder - algorithm - 12 m - (D)	106
GADDGDS	Generalized anxiety disorder - algorithm - life - (D)	103
GADDINT	Generalized anxiety disorder - Interference - Mean -12 m (D)	106
GADFINT	Generalized anxiety disorder - Interference - 12 m - (F)	107
GADGPER	Gen anx dis - Longest episode - duration - (G)	104
GADGREC	Gen anx dis - Most recent episode - age - (G)	105
GEN : General health		
GEN_01	Self-perceived health	9
GEN_02	Self-perceived health compared to one year ago	9
GEN_02A2	Satisfaction with life in general - 11 point scale	11
GEN_04	Frequency - trouble sleeping	10
GEN_07	Perceived life stress	12
GEN_08	Worked at job or business	12
GEN_09	Self-perceived work stress	13
GEN_10	Sense of belonging to local community	14
GENDHDI	Perceived health - (D)	14
GENGSWL	Satisfaction with life in general - (G)	15
GEO : Geography variables		
GEO_PRV	Province of residence of respondent	1
HUP : Health utilities index - Pain and discomfort		
HUPDPAD	Pain (function code) - (D)	40

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HWT : Height and weight - Self-reported		
HWT_1	Currently pregnant	23
HWT_4	Respondent's opinion of own weight - self-reported	24
HWTGBMI	Body Mass Index (BMI) / self-report - (G)	26
HWTGHTM	Height (metres) / self-reported - (G)	25
HWTGISW	BMI classification (self reported) - (G)	27
HWTGWTK	Weight (kilograms) / self-reported - (G)	26
HYP : Hypomania		
HYPDEY	Hypomania - Algorithm - 12 m - (D)	91
HYPDINT	Hypomania - Interference - Mean - 12 m - (D)	92
HYPDL	Hypomania - Algorithm - life - (D)	90
HYPFINT	Flag: Hypomania - Interference - 12 m - (F)	91
INC : Income		
INC_12	Current hhld income - difficulty meeting basic expenses	331
INCDRCA	Household income distribution - (D)	333
INCDRPR	Household income distribution - provincial level - (D)	334
INCG02	Total household income - main source	330
INCG7	Main source of personal income	330
INCGHH	Total household income from all sources - (D, G)	331
INCGPER	Total personal income from all sources - (D, G)	332
LBS : Labour force		
LBSDPFT	Full-time/part-time working status - (D)	312
LBSDWSS	Working status last week - (D)	311
LBSG31	Employment status - 12 months - (G)	311
LBSGHPW	Total usual hours worked - current jobs - (D, G)	312
LBSGSOC	Occupation group - (G)	313
MED : Medication use		
MED_01	Medication for emotions/mental health/alcohol/drug - 12 m	218
MED_05	Insurance that covers all/part of cost of prescription	219
MED_06	Used other health products for mental health - 12 m	219
MEDFADEP	Used - antidepressant - 2 D - (F)	221
MEDFAPSY	Used - antipsychotic - 2 D - (F)	220
MEDFBENZ	Used - benzodiazepine - 2 D - (F)	220
MEDFDRUG	Used - med for mental health/alcohol/drugs - 2 D (F)	222

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MEDGOTHR	Used - other med. - 2 D - (F)	221
MEDGTNUM	Total number of medications - 2 D - (G)	222
MHE : Mental Health Experiences		
MHE_01A	Worked - mental health treatment program - life	271
MHE_01B	Worked - mental health treatment program - 12 m	271
MHE_02A	Worked with someone treated for mental health problem - life	272
MHE_02B	Worked with someone treated for mental health problem - 12 m	272
MHE_03A	Family member - received mental health treatment - life	273
MHE_03B	Family member - received mental health treatment - 12 m	273
MHE_04A	Friend - received mental health treatment - life	274
MHE_04B	Friend - received mental health treatment - 12 m	274
MHE_05A	Received mental health treatment - life	275
MHE_05B	Received mental health treatment - 12 m	275
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MHE_06B	Impact - mental health prej/discrim - romantic life	278
MHE_06C	Impact - mental health prej/discrim - work/school	279
MHE_06D	Impact - mental health prej/discrim - financial situation	280
MHE_06E	Impact - mental health prej/discrim - housing	281
MHE_06F	Impact - mental health prej/discrim - health care/physical	282
MHEDPIS	Mental health experiences - personal impact scale (D)	283
MHP : Mental health profile		
MHPFINT	Any selected disorder (mental/subst) - Interfere -12 m (F)	101
MHPFL	Any selected disorder (mental or substance) - life (F)	98
MHPFLM	Any mood disorder - life - (F)	99
MHPFLSA	Any substance use disorder (alcohol/drug) - life - (F)	99
MHPFY	Any selected disorder (mental/substance) - 12 m - (F)	100
MHPFYM	Any mood disorder - 12 m - (F)	100
MHPFYSA	Any substance use disorder (alcohol/drug) - 12m - (F)	101
MIA : Mania		
MIA_33	Mania - consulted MD/other professional - life	85
MIA_47	Mania - professional treatment - 12 m	86
MIADEPS	Mania - 2002 Algorithm - life - (D)	86
MIADFY	Mania - 2002 Algorithm - 12 m - (D)	89
MIADINT	Mania - Interference - Mean - 12 m - (D)	89

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Variable Name	Description	Page
MIAFINT	Flag: Mania - Interference - 12 m - (F)	90
MIAGPER	Mania - Persistence - years - (G)	88
MIAGREC	Mania - Most recent episode - age (G)	87
NSI : Negative Social Interactions		
NSI_01	Negative social interactions - detrimental to well-being	296
NSI_02	Negative social interactions - made too many demands	297
NSI_03	Negative social interactions - critical of behaviour	297
NSI_04	Negative social interactions - thoughtless/inconsiderate	298
NSI_05	Negative social interactions - angry/upset	298
NSIDSC	Negative social interactions - scale - (D)	299
PHS : Physical activity short		
PHSFPPA	Flag: moderate/vigorous physical activity - 7 days (F)	41
PHSGAPA	Moderate/vigorous physical activity -average/hours - 7 D (G)	41
PMH : Positive Mental Health		
PMH_01	Pos ment hlth - happy - freq 1 mo	42
PMH_02	Pos ment hlth - interested in life - freq 1 mo	43
PMH_03	Pos ment hlth - satisfied with life - freq 1 m	44
PMH_04	Pos ment hlth - had something to contribut to soc - freq 1 mo	45
PMH_05	Pos ment hlth - belong to a community - freq 1 mo	46
PMH_06	Pos ment hlth - society becoming a better place - freq 1 mo	47
PMH_07	Pos ment hlth - people basically good - freq 1 mo	48
PMH_08	Pos ment hlth - society makes sense - freq 1 mo	49
PMH_09	Pos ment hlth - liked most parts of personality - freq 1 mo	50
PMH_10	Pos ment hlth - good at managing daily life - freq 1 mo	51
PMH_11	Pos ment hlth - have warm/trusting relationships - freq 1 mo	52
PMH_12	Pos ment hlth - challenged to become better - freq 1 mo	53
PMH_13	Pos ment hlth - confident to express opinions - freq 1 mo	54
PMH_14	Pos ment hlth - life has meaning - freq 1 mo	55
PMHDCLA	Positive mental health - classification - (D)	57
PMHDHEM	High emotional well-being - (D)	55
PMHDHFU	High positive functioning - (D)	56
PMHDLEM	Low emotional well-being - (D)	56
PMHDLFU	Low positive functioning - (D)	57
PMHDSCR	Positive mental health - continuous score - (D)	58
PN1 : Help needed		

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PN1_01A2	Why no more medication / self managed	239
PN1_01A3	Why no more counselling / self managed	245
PN1_01A4	Why no more - other / self managed	250
PN1_01A5	Why no information / self managed	253
PN1_01A6	Why no medication / self managed	259
PN1_01A7	Why no counselling / self managed	264
PN1_01B1	Why no more information / don't know how/where	234
PN1_01B2	Why no more medication / don't know how/where	239
PN1_01B3	Why no more counselling / don't know how/where	245
PN1_01B5	Why no information / don't know how/where	254
PN1_01B6	Why no medication / don't know how/where	259
PN1_01B7	Why no counselling / don't know how/where	264
PN1_01C1	Why no more information / too busy	234
PN1_01C2	Why no more medication / too busy	240
PN1_01C3	Why no more counselling / too busy	246
PN1_01C4	Why no more - other / too busy	251
PN1_01C5	Why no information / too busy	254
PN1_01C6	Why no medication / too busy	260
PN1_01C7	Why no counselling / too busy	265
PN1_01D1	Why no more information / job interfered	235
PN1_01D2	Why no more medication / job interfered	240
PN1_01D3	Why no more counselling/ job interfered	246
PN1_01D5	Why no information / job interfered	255
PN1_01D7	Why no counselling / job interfered	265
PN1_01E1	Why no more information / not readily available	235
PN1_01E2	Why no more medication / not readily available	241
PN1_01E3	Why no more counselling / not readily available	247
PN1_01E4	Why no more - other / not readily available	251
PN1_01E5	Why no information / not readily available	255
PN1_01E6	Why no medication / not readily available	260
PN1_01E7	Why no counselling / not readily available	266
PN1_01F1	Why no more information / no confidence in system	236
PN1_01F2	Why no more medication / no confidence in system	241
PN1_01F3	Why no more counselling / no confidence in system	247
PN1_01F5	Why no information / no confidence in system	256

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PN1_01F6	Why no medication / no confidence in system	261
PN1_01F7	Why no counselling / no confidence in system	266
PN1_01G1	Why no more information / unaffordable	236
PN1_01G2	Why no more medication / unaffordable	242
PN1_01G3	Why no more counselling / unaffordable	248
PN1_01G4	Why no more - other / unaffordable	252
PN1_01G5	Why no information / unaffordable	256
PN1_01G6	Why no medication / unaffordable	261
PN1_01G7	Why no counselling / unaffordable	267
PN1_01H1	Why no more information / insurance not cover	237
PN1_01H2	Why no more medication / insurance not cover	242
PN1_01H3	Why no more counselling / insurance not cover	248
PN1_01H5	Why no information / insurance not cover	257
PN1_01H6	Why no medication / insurance not cover	262
PN1_01H7	Why no counselling / insurance not cover	267
PN1_01I1	Why no more information / afraid of others opinion	237
PN1_01I2	Why no more medication / afraid of others opinion	243
PN1_01I3	Why no more counselling / afraid of others opinion	249
PN1_01I5	Why no information / afraid of others opinion	257
PN1_01I6	Why no medication / afraid of others opinion	262
PN1_01I7	Why no counselling / afraid of others opinion	268
PN1_01J2	Why no more medication / language problems	243
PN1_01K1	Why no more information / help is ongoing	238
PN1_01K2	Why no more medication / help is ongoing	244
PN1_01K3	Why no more counselling / help is ongoing	249
PN1_01K4	Why no more - other / help is ongoing	252
PN1_01K5	Why no information / help is ongoing	258
PN1_01K6	Why no medication / help is ongoing	263
PN1_01K7	Why no counselling / help is ongoing	268
PN1_01L1	Why no more information / other specify	238
PN1_01L2	Why no more medication / other specify	244
PN1_01L3	Why no more counselling / other specify	250
PN1_01L4	Why no more - other / other specify	253
PN1_01L5	Why no information / other specify	258
PN1_01L6	Why no medication / other specify	263
PN1_01L7	Why no counselling / other specify	269

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PN1_02A7	Why preferred to self manage / counselling	270
PNC : Perceived need for care		
PNC_01A	Received help - information	223
PNC_01B	Received help - medication	223
PNC_01C	Received help - counselling or therapy	224
PNC_01D	Received help - other	224
PNC_01E	Received help - none	225
PNC_02A	Received - as much help as needed	225
PNC_02BA	Needed more help - information	226
PNC_02BB	Needed more help - medication	226
PNC_02BC	Needed more help - counselling or therapy	227
PNC_02BD	Needed more help - other	227
PNC_04A	Help needed but not received	228
PNC_04BA	Help needed & not received - information	228
PNC_04BB	Help needed & not received - medication	229
PNC_04BC	Help needed & not received - counselling or therapy	229
PNC DHCT	Number of types of help received - past 12 months - (D)	230
PNC DNEED	Overall Perceived Need in Past 12 Months - (D)	233
PNC DPNC	Perceived need for counselling - past 12 months (D)	232
PNC DPNI	Perceived need for information - past 12 months (D)	231
PNC DPNM	Perceived need for medication - past 12 months (D)	231
PNC DPNO	Perceived need for other help - past 12 months (D)	232
PNC FH12	Flag: Help received - past 12 months (F)	230
SAM : Sample variables		
VERDATE	Date of file creation	1
SCR : Screener mental disorders		
SCR_081	Self-perceived physical health	15
SCR_082	Self-perceived mental health	16
SCR_21	Screener: felt sad/empty/depressed for several days - life	16
SCR_22	Screener: was very discouraged several days or longer - life	17
SCR_23	Screener: lost interest in things for several days - life	17
SCR_24	Screener: had mania-like period lasting several days - life	18
SCR_25	Screener: very irritable/grumpy/ for several days - life	18
SCR_25A	Screener: so irritable started arguments/shouted/... - life	19
SCR_26	Screener: worried about things more than most people - life	19

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SCR_26A	Screeners: more nervous/anxious than most people - life	20
SCR_26B	Screeners: 6 months when anxious/worried most days - life	20
SCRDDEP	Screened in Depression - (D)	22
SCRDGAD	Screened in Generalized Anxiety Disorder - (D)	23
SCRDMEN	Self-rated mental health - (D)	21
SCRDMIA	Screened in Mania - (D)	22
SCRDPHY	Self-rated physical health - (D)	21
SDC : Socio-demographic characteristics		
SDC_8	Current student	336
SDCFIMM	Immigrant - (F)	334
SDCGCGT	Culture / Race Flag - (G)	335
SDCGLHM	Language(s) spoken at home - (G)	336
SDCGRES	Length of time in Canada since immigration - (G)	335
SMK : Smoking		
SMK_01A	Smoked 100 or more cigarettes - life	107
SMK_01B	Ever smoked whole cigarette	108
SMK_05B	Number of cigarettes smoked per day (occasional smoker)	112
SMK_05C	Number of days - smoked 1 cigarette or more (occ. smoker)	113
SMK_05D	Ever smoked cigarettes daily	113
SMK_06A	Stopped smoking - when (was never a daily smoker)	114
SMK_09A	Stopped smoking daily - when stopped (former daily smoker)	116
SMK_10	Quit smoking completely (former daily smoker)	117
SMK_10A	Stopped smoking completely - when (former daily smoker)	118
SMK_202	Type of smoker	110
SMK_204	Number of cigarettes smoked per day (daily smoker)	112
SMK_208	Number of cigarettes smoked per day (former daily smoker)	116
SMKDSTY	Type of smoker - (D)	119
SMKDYCS	Number of years smoked (current daily smokers) - (D)	120
SMKG01C	Age - smoked first whole cigarette - (G)	109
SMKG06C	Number of years since stopped smoking - (G)	114
SMKG09C	Number of years since stopped smoking (former daily smoker)	117
SMKG10C	Number of years since stopped smoking (daily) - (G)	118
SMKG203	Age - started smoking daily (daily smoker) - (G)	111
SMKG207	Age - started smoking daily (former daily smoker) - (G)	115
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